

Tide

By Kate Fitton



Image: detail of *Waterfall*

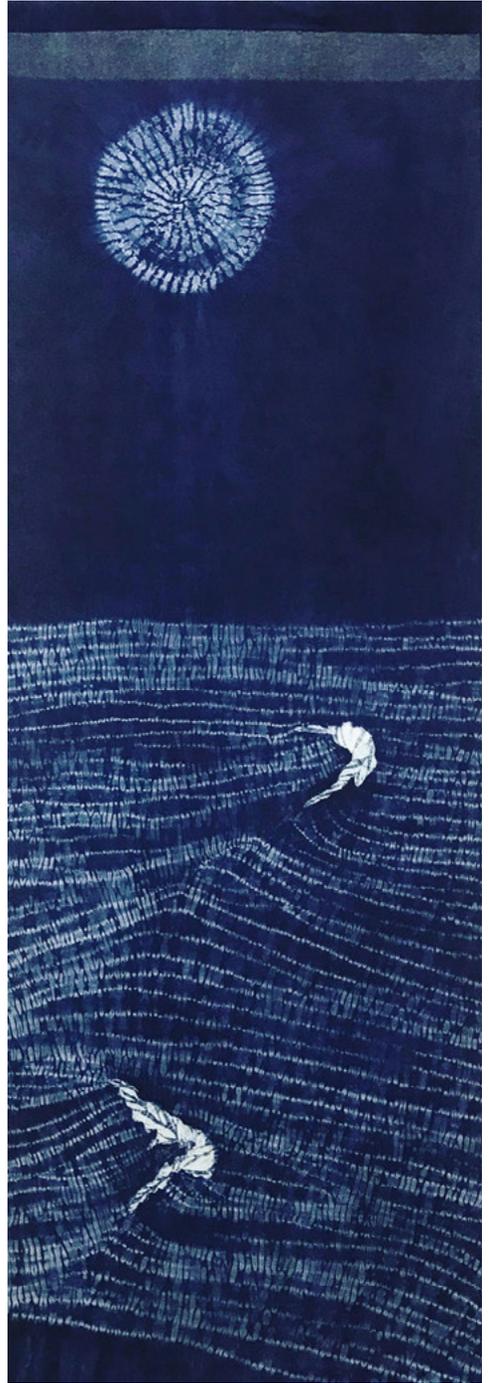


Image: detail of *Last Summer*

Kate Fitton is a South Australian emerging artist working with the medium of 'shibori', a resist dyeing technique to create pattern on fabric.

In this exhibition 'Tide', Kate's work is inspired by the sky, the phases of the moon, the sea and waterways. In the movement of wind and water, she sees patterns as beauty in their own right, as well as a metaphor for the transience of thought and emotion, sometimes stormy, sometimes calm.

Shibori is the Japanese word for a variety of ways of embellishing textiles by shaping cloth and securing it before dyeing. The word comes from the verb root shiboru, "to wring, squeeze, press" Cloth shaped by these methods is secured in several ways, such as binding and knotting, and using a resist dyeing technique produces different patterns on the fabric.

Kate has always enjoyed exploring the junctions where emerging technologies join the tactile and ancient techniques of art and craft. After 15 years working in commercial design, having the opportunity to explore her own visual art practise alongside commercial design gives her the full expression of these two ends of the creative scale.

Kate's dream growing up was to be an artist and travel the world. That desire to create is still strong, along with a thriving wanderlust. She currently lives beachside in Grange, South Australia. In her spare time, she enjoys good food, yoga, paddling and sailing on waterways, climbing mountains and spending time with her tribe. She also runs shibori and indigo dye workshops for the public.

You can learn more about Kate's practice here: www.katefitton.com



Image: detail of *White Heron*

The Women's & Children's Hospital Foundation (WCH Foundation) raises funds in support of the Women's and Children's Hospital in Adelaide, South Australia. The WCH Foundation is committed to *creating greater good*, ensuring that mums, children and their families have access to the very best in medical care, hospital facilities and support services at a time when they need it the most.

The WCH Foundation has developed Arts in Health programs to integrate art into the life of the Hospital to improve people's health and wellbeing. We try to make the environment more 'child-friendly', making it look better and help to make the time spent in hospital 'feel better'.

The Arts in Health program delivers a range of activities throughout the hospital across art forms such as: Visual Arts, Digital Media, Music and Performing Arts, Public Art, Literature and the Therapeutic Arts (Play Therapy, Art Therapy and Music Therapy). From providing pencils and colouring books in waiting areas, to managing Gallery spaces and art displays in the Hospital, collaborating with Hospital School on book week activities and working closely with the Play Therapy Team, the Arts in Health program delivers smiles and fun throughout the Hospital.

The WCH Foundation's Gallery program coordinates five galleries in the Hospital, providing a space away from the stresses of treatment to distract, entertain and inspire, improving the visual environment. The artworks displayed in the exhibition spaces come from a range of sources – internally from hospital staff, patients (women & children) and their families, through specific Arts in Health activities and externally from local artists and art collectives.

This exhibition was planned and exhibited on the lands of the Kaurna People, we pay our respects to the Kaurna Elders past and present and to the Elders of the lands this brochure reaches.



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