



Courage  
dear  
heart

-C.S. LEWIS-

Good Vibes Only

Kristin Stone



Women's &  
Children's Hospital  
Foundation

life  
is  
tough  
my  
darling  
but so  
are you

*Good Vibes Only* is an exhibition of quotes beautifully illustrated by Kristin Stone. The exhibition aims to uplift the viewer and introduce a little extra hope and joy into the everyday.

Kristin creates her work by hand drawing and painting the lettering with watercolour, ink and brush pens, and is continually learning and

developing her style and skills in the brush lettering. Some of the works in the exhibition are the original one-off drawing and others are high-quality, digital prints of her work.

Kristin is excited to share her work with the Women's and Children's Hospital Community:

***"I get great satisfaction in knowing that I may have made a small impact on someone's day who needs it the most."***

I ♥ U  
exactly  
HOW YOU ARE



Kristin Stone worked as a Graphic Designer in Digital Media Department of the *Women's and Children's Health Network for the past six years. The artwork in this exhibition are examples of Kristin's personal creative work and shows her love of typography and letterforms to communicate an idea.*

*Good Vibes Only aims to engage people who frequent the hospital; workers, young*

*patients and their families – the people who need a bit of extra hope and joy in their day.*

*For more information about Kristin and her work please visit: [www.instagram.com/kristinstone](http://www.instagram.com/kristinstone)*

*Good Vibes Only will be on display in the Pink Heart Gallery (Level 2, Zone D, near Hospital Café) from the 28th of May to the 1st of August 2018.*



The Women's & Children's Hospital Foundation (WCH Foundation) raises funds in support of the Women's and Children's Hospital in Adelaide, South Australia. Founded in 1984, the WCH Foundation is committed to ensuring that mums, children and their families have access to the very best in medical care, hospital facilities and support services at a time when they need it the most.

The WCH Foundation has developed a number of Arts in Health programs to integrate art into the life of the Hospital to improve people's health and wellbeing. We try to make the environment more 'child-friendly', making it look better and helping to make the time spent in hospital 'feel better'.

Established in August 2008, the Arts in Health program delivers a range of activities throughout the hospital across art forms such as: Visual Arts and Digital Media, Music and Performing Arts, Public Arts and Integrated Design, Literature and the Therapeutic Arts (Play Therapy, Art Therapy and Music Therapy). From providing pencils and colouring books in waiting areas, to managing Gallery spaces and art displays in the Hospital, collaborating with Hospital School on book week activities and working closely with the Play Therapy Team, the Arts in Health program delivers smiles and fun throughout the Hospital.

The WCH Foundation's Gallery program coordinates four galleries in the Hospital, providing a space away from the stresses of treatment to distract, entertain and inspire, improving the visual environment. The artworks displayed in the exhibition spaces come from a range of sources – internally from hospital staff, patients (women & children) and their families, through Hospital School, or specific Arts in Health activities and externally from local artists and art collectives.

*Good Vibes Only* was planned and exhibited on the lands of the Kurna People, we pay our respects to the Kurna Elders past and present and to the Elders of the lands this brochure reaches.



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Children's Hospital  
Foundation**

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