



# Nurses, Colleagues, Friends

By Lisa Ingerson



**2020**  
INTERNATIONAL YEAR  
OF THE NURSE AND  
THE MIDWIFE



Women's &  
Children's Hospital  
Foundation

*'I have two lives, one as an artist and the other as a Registered Nurse'.*

Lisa Ingerson is an established artist with a passionate interest in painting largescale bold portraits using various styles to explore feelings, intensity and form working; in several different mediums including, charcoal, bitumen, gold leaf and oils.

These paintings bring Lisa's two lives together with all the portraits celebrating nurses. Currently working at the Royal Adelaide Hospital, Lisa has such admiration for her colleagues across the whole health industry that the exhibition 'Nurses' is a dedication to them. *'My colleagues continually strive to improve the best health care they can deliver, often in stressful situations'.*

*'We have a uniform that is essential to professionalism and practicality. As an artist, on this occasion I would like to take my colleagues out of their uniform and portray each of them as the diverse group of human beings of all ages and cultural backgrounds adding to the richness of their stories. I have captured their images to explore the uniqueness of each subject and painted them as the beautiful people of depth I know them to be'.*

Lisa encourages us not to get caught up with trying to work out who each portrait is, but rather to enjoy and explore the beauty, intenseness and joy of life.



Image: Alison 333



Image: Jillica



Image: Amit

Arts in Health is thrilled to present this exhibition as 2020 is the International Year of the Nurse and the Midwife. Lisa has painted one of our own nurses, Susanne Rogan who has supported patients at the Women's and Children's Hospital for thirty-two years!

In addition to portraits, Lisa also paints urban, rural and beach-side environments exploring baby boomer era themes, she is interested in the reality, truth and poignancy of a single moment or a certain intensity provided by the subject. Lisa exhibits widely, and has recently been Awarded Diploma of Fellowship by the Royal South Australian Society of Arts.

The Women's & Children's Hospital Foundation (WCH Foundation) raises funds in support of the Women's and Children's Hospital in Adelaide, South Australia. The WCH Foundation is committed to creating greater good, ensuring that mums, children and their families have access to the very best in medical care, hospital facilities and support services at a time when they need it the most.

The WCH Foundation has developed Arts in Health programs to integrate art into the life of the Hospital to improve people's health and wellbeing. We try to make the environment more 'child-friendly', making it look better and help to make the time spent in hospital 'feel better'.

The Arts in Health program delivers a range of activities throughout the hospital across art forms such as: Visual Arts, Digital Media, Music and Performing Arts, Public Art, Literature and the Therapeutic Arts (Play Therapy, Art Therapy and Music Therapy). From providing pencils and colouring books in waiting areas, to managing Gallery spaces and art displays in the Hospital, collaborating with Hospital School on book week activities and working closely with the Play Therapy Team, the Arts in Health program delivers smiles and fun throughout the Hospital.

The WCH Foundation's Gallery program coordinates five galleries in the Hospital, providing a space away from the stresses of treatment to distract, entertain and inspire, improving the visual environment. The artworks displayed in the exhibition spaces come from a range of sources – internally from hospital staff, patients (women & children) and their families, through specific Arts in Health activities and externally from local artists and art collectives.

This exhibition was planned and exhibited on the lands of the Kaurna People, we pay our respects to the Kaurna Elders past and present and to the Elders of the lands this brochure reaches.

Cover image: *Susanne*



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