



Simplicity

By Anita Moustrides



Women's &
Children's Hospital
Foundation
Arts in Health

SALA

***“What do you see in these photographs?
Do you see what I see?”***

Anita Moustrides has a history of being as a long-term patient within the WCH when she was growing up. She found herself back within the Women’s and Children’s Hospital community years’ later as a medical records assistant. Anita has always loved art and finding ways to express her creativity, discovering a passion for black and white photography when she studied photography at high school. Since then, she has completed an additional course to further develop her skills and understanding of the art. Anita’s current goal is to take on the challenge of aerial photography to explore a different view of the natural world.

For this exhibition, Anita has selected a collection of close-up abstract photographs that she has taken over the years, wanting to portray a different perspective and beauty that can be found within the simplest things of life.

“Everything has a story behind it. That’s what makes it even more alluring? Do you start asking questions like: How did those rocks get those intricate carvings? How many people have walked across that cobbled street? How long did it take the sunflower to bloom?”

Most of these photographs showcase the beauty of South Australia and are printed on high definition sublimated aluminium panels to give the black and white photographs a unique variation.

In 2019, Anita was the recipient of the WCH Foundation Talent Within Award. This award provided exhibition guidance and financial support for Anita to undertake a solo exhibition for 2020, however due to Covid restrictions it was delayed a year. Anita is very excited to present *Simplicity*, as a part of the 2021 SALA program, and hopes these images help to reveal the natural beauty that is found in the world around us. *“In a time of uncertainty, I believe that now more than ever we should seek out the beauty in our surroundings, be present in the moment and be grateful for the unique experience’s life gives us”.*

To learn more about Anita Moustrides art practice: Instagram @amarie_designs_

Checkout the current 2021 Talent Within annual WCHN Staff and Volunteer exhibition currently on display in the Orange Heart Gallery.



Image top left: detail of *Flora*, Image top right: detail of *Seed*, Image bottom: detail of *Water*

The Women's & Children's Hospital Foundation (WCH Foundation) raises funds in support of the Women's and Children's Hospital in Adelaide, South Australia. The WCH Foundation is committed to creating greater good, ensuring that mums, children and their families have access to the very best in medical care, hospital facilities and support services at a time when they need it the most.

The WCH Foundation has developed Arts in Health programs to integrate art into the life of the Hospital to improve people's health and wellbeing. We try to make the environment more 'child-friendly', making it look better and help to make the time spent in hospital 'feel better'.

The Arts in Health program delivers a range of activities throughout the hospital across art forms such as: Visual Arts, Digital Media, Music and Performing Arts, Public Art, Literature and the Therapeutic Arts (Play Therapy, Art Therapy and Music Therapy). From providing pencils and colouring books in waiting areas, to managing Gallery spaces and art displays in the Hospital, collaborating with Hospital School on book week activities and working closely with the Play Therapy Team, the Arts in Health program delivers smiles and fun throughout the Hospital.

The WCH Foundation's Gallery program coordinates five galleries in the Hospital, providing a space away from the stresses of treatment to distract, entertain and inspire, improving the visual environment. The artworks displayed in the exhibition spaces come from a range of sources – internally from hospital staff, patients (women & children) and their families, through specific Arts in Health activities and externally from local artists and art collectives.

This exhibition was planned and exhibited on the lands of the Kaurna People, we pay our respects to the Kaurna Elders past and present and to the Elders of the lands this brochure reaches.

Cover Image: detail of *Air* by Anita Moustrides



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