



Dream a Little Dream

By Lucinda Gregory



Women's &
Children's Hospital
Foundation

Arts in Health

Lucinda Gregory is a self-taught artist and illustrator based in Adelaide. With a background in graphic design and cake design (patisserie), Lucinda immerses herself in many fields of creativity including photography, printmaking, and ceramics, however illustration is her passion.

For this exhibition Lucinda strives to depict dreamy, ethereal artworks of birds and animals to enhance the viewer's senses and expand our imagination. By combining acrylics, watercolour paints, ink and conte, Lucinda can create variations of colour and texture applied to canvas or primed boards.

In 2015, Lucinda was diagnosed with a rare brainstem tumour, causing chronic pain and physical disability. Even with her lifesaving and life changing surgery, the tumour unfortunately affected Lucinda's right dominant side, which has meant she has had to re-teach herself how to paint and draw using her left hand.

Lucinda is on the career path to become a social worker, with an interest in working in mental health, specifically wellbeing of brain and spinal cord injury patients.

Lucinda is also an Ambassador for the Neurosurgical Research Foundation here in South Australia where she continues to raise awareness of brain cancers. Included in this exhibition is a book which includes Lucinda's illustrations about a young person's journey with brain cancer.

The book Critter's Choice written by Cherrie Adam is available through www.nrf.com.au, with 100% of the proceeds going to brain cancer and brain tumour research.

To see more of Lucinda's artwork visit:
Instagram [@lerg_artist](https://www.instagram.com/lerg_artist)



Image top left: detail of *Bison*
Image bottom left: detail of *Koala*
Image right: detail of *Budgies*

The Women's & Children's Hospital Foundation (WCH Foundation) raises funds in support of the Women's and Children's Hospital in Adelaide, South Australia. The WCH Foundation is committed to ensuring that mums, children and their families have access to the very best in medical care, hospital facilities and support services at a time when they need it the most.

The WCH Foundation has developed a number of Arts in Health programs to integrate art into the life of the Hospital to improve people's health and wellbeing. We try to make the environment more 'child-friendly', making it look better and helping to make the time spent in hospital 'feel better'.

The Arts in Health program delivers a range of activities throughout the hospital across art forms such as: Visual Arts, Digital Media, Music and Performing Arts, Public Art, Literature and the Therapeutic Arts (Play Therapy, Art Therapy and Music Therapy). From providing pencils and colouring books in waiting areas, to managing Gallery spaces and art displays in the Hospital, collaborating with Hospital School on book week activities and working closely with the Play Therapy Team, the Arts in Health program delivers smiles and fun throughout the Hospital.

The WCH Foundation's Gallery program coordinates five galleries in the Hospital, providing a space away from the stresses of treatment to distract, entertain and inspire, improving the visual environment. The artworks displayed in the exhibition spaces come from a range of sources – internally from hospital staff, patients (women & children) and their families, through specific Arts in Health activities and externally from local artists and art collectives.

This exhibition was planned and exhibited on the lands of the Kaurna People, we pay our respects to the Kaurna Elders past and present and to the Elders of the lands this brochure reaches.

Cover Image: detail of *Yellow Tail Cockatoo*



For more information contact:

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