

Peace and Harmony

by Tiana Scasny

“My name's Tiana - I dream of pursuing a career in medicine in the future and sharing my art to the world!

I was a patient here at the Woman's and Children's Hospital during my adolescence and have been so privileged to get to know so many staff here who have been part of my journey.

These artworks are detailing the beautiful connection we as humans have with our surroundings in nature - particularly animals. These paintings show women in their natural state and show that we have relationships with all sorts of animals - that we are different from them yet co-exist in this amazing world and both are equally as beautiful.

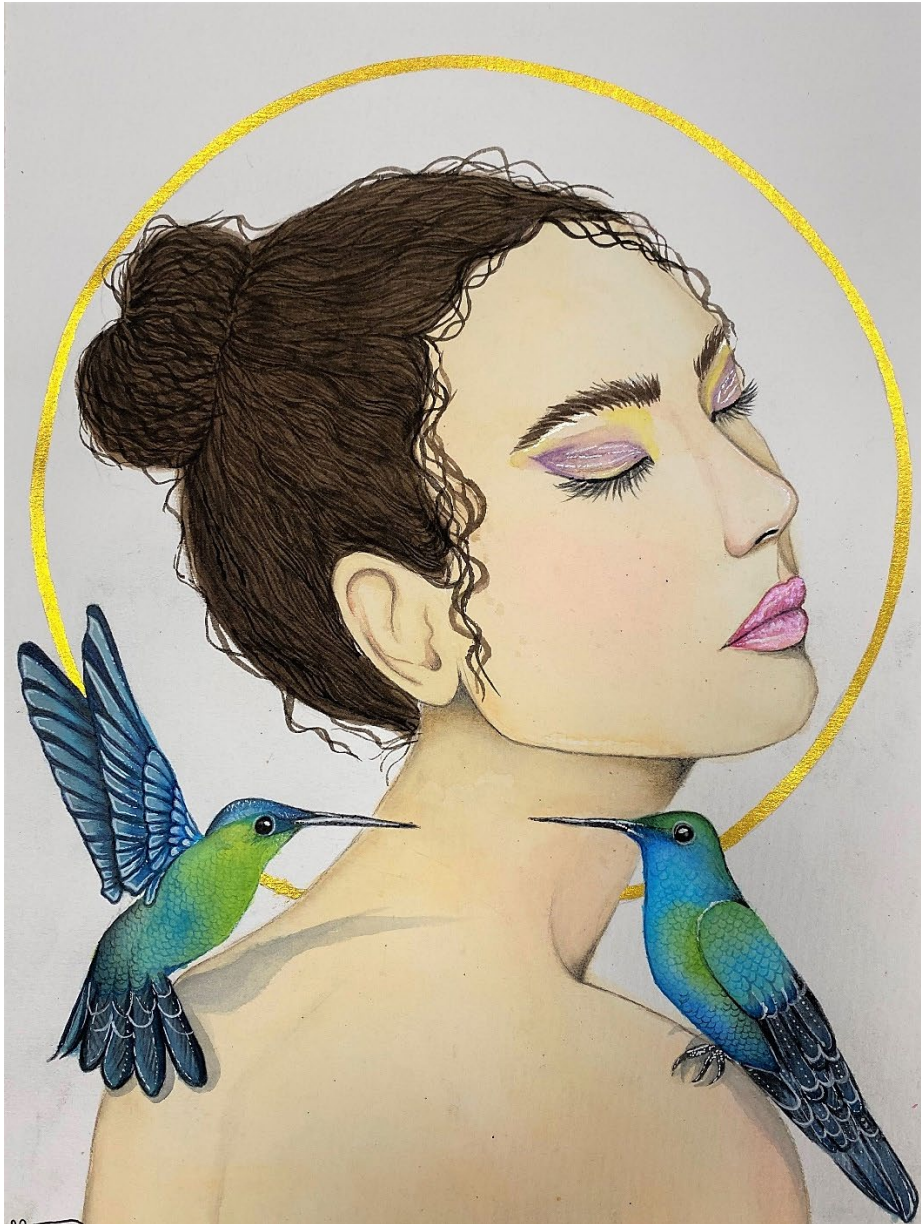
I've been making art since I was 16 years old to express ideas and make something which fulfils me. I enjoy the process of working on art pieces and achieving the finished product. I find photography of people and nature that captures me, as inspiration for my work and then let my artistic mind take over to create something meaningful”.

Two years ago, 17-year-old Tiana was facing difficult challenges with illness and was hospitalised for a short time at the Women’s and Children’s Hospital. During this time, Tiana found distraction and calmness in creating detailed watercolour paintings of birds from her hospital bed.

Tiana’s Play Therapist identified that she has an artistic talent, and together with the WCH Foundation’s Arts in Health Coordinator they encouraged and supported her to develop a body of artworks for an exhibition in the Hospital.

Through creating these works, it has aided Tiana on her wellness journey. We are so proud to display Tiana’s first solo exhibition and look forward to watching her art practice and career in medicine flourish in the future.

10 original framed artworks are for sale \$150.- each



Tiana Scasny *The hum of your heartbeat*, watercolour + pencil, framed

For more information, please contact:

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www.wchfoundation.org.au/arts-in-health/gallery-exhibition-program/

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