

Gut Bugs Activity Sheet

Research is all about solving problems, answering questions and finding facts.

Doctors, nurses and scientists do and use research so that they can care for kids, mums and their families in the best possible way.

What do you think your gut bugs look like?

Draw us a picture of your gut bugs!

Fun research fact!

Did you know that there are TRILLIONS of tiny bugs called bacteria living in your tummy?! Research has discovered that these friendly 'gut bugs' make it easier for us to go to the loo, can stop us from catching colds and might even help us think! Now scientists are starting to look at how these gut bugs could be used to help treat some diseases.

Bacteria farts?!?

Professor Geoffrey Davidson was a doctor and researcher at this hospital, and was one of the first people to use a new way of diagnosing food intolerances called the 'hydrogen breath test'. When your tummy can't digest the sugars in milk or fruit properly, your gut bugs eat these sugars and create gases that can be measured in your breath!



Women's & Children's Hospital Foundation

Colour in some gut bugs!



The WCH Foundation is a proud supporter of health and medical research that enhances healthcare for women, children and families. Scan the QR code to find out more about the research we fund:



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