



# THE GREY AREA

An exhibition by Cat Dean

Women's & Children's  
Hospital Foundation



The *Grey Area* is a collection of surrealist graphite works created between 2016 and 2020 by Cat Dean, inspired by her personal journey through the complexities of motherhood and self-discovery. These years were marked by the transition from the relentless demands of raising toddlers to the bittersweet milestones of sending her children off to school, a period where life felt both overwhelming and transformative.

In this season of chaos and caregiving, Cat found solace in the intricate process of creating her art. Each piece was a sanctuary—a moment of stillness where she could quiet her mind, embrace the details, and immerse herself in a meditative state of drawing.

The meticulous craftsmanship reflects not only her artistic skill but also the therapeutic nature of her practice, where time seemed to slow down, and clarity emerged. Rendered delicately with just a graphite pencil, these pieces reveal the subtle contrasts and textures of life's complexities.

*The Grey Area* is a poignant celebration of introspection, motherhood, and the transformative power of art as a means of self-expression and healing.

Cat Dean is a Mount Barker-based muralist, fine artist, and illustrator with a Bachelor of Media Arts (2009). Her artistic practice bridges fine art and large-scale public murals, combining intricate detail with striking realism. Known for her ability to capture nature, wildlife, and surreal themes, Cat creates custom artwork that transforms both private and public spaces. She loves working with clients and the joy that her commissioned artworks bring to all her clients.

Learn more about Cat's practice: [www.catdean.com.au](http://www.catdean.com.au)

+Instagram [@catdean\\_artist](https://www.instagram.com/catdean_artist)

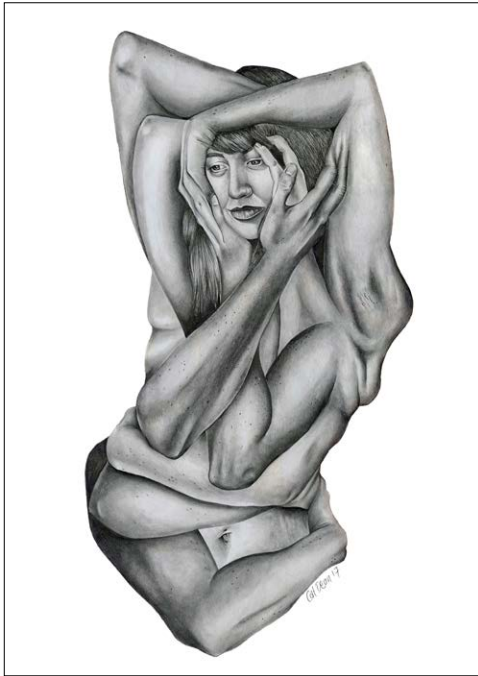


Image top left: Devine Uprising, graphite on paper, 2019

Image top right: Fleeting Thoughts, fine art print  
(original: graphite on paper), 2016

Image bottom: Cat Dean

The Women's and Children's Hospital Foundation (WCH Foundation) improves the health and wellbeing outcomes for children and families under the care of the Women's and Children's Hospital and the broader Health Network.

The WCH Foundation Arts in Health program creates an interactive and vibrant hospital environment that improves the health and wellbeing of the hospital patients, their families and staff. Through art, play and music, we encourage curiosity and creativity and reduce the stress of being in hospital.

The Arts in Health Exhibition program provides a space away from the stresses of treatment to distract, entertain and inspire by improving the hospital environment. The artworks displayed in the exhibition spaces come from a range of sources – internally from hospital staff, patients (women & children) and their families, through specific Arts in Health activities and externally from local artists and art collectives.

This exhibition was planned and exhibited on the lands of the Kaurna People, we pay our respects to the Kaurna Elders past and present and to the Elders of the lands this brochure reaches.

Cover image: detail of *She is Someone*, fine art print (original: graphite on paper), 2023



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